



YOU NAME IT. WE PLAY IT!

Kickball Rules

1) General Rules

- a. Softball general rules and field dimensions
 - i. Designated kicking box
 - ii. Designated "safe" bases at first and home
 - iii. Home plate will consist of regulation plate plus one foot on each side
- b. Regulation ball is a 10" rubber BKS ball.
- c. Regulation game 6 innings or 50 minutes whichever comes first (home team always has last kick).
- d. Registered team rosters must consist of min 12 adults (**21 years old or over**) registered **WITH WAIVERS SIGNED.**
 - i. Eligible players must register on the team roster by the 5th week of the season to be eligible for playoffs.
 1. A team will be automatically disqualified if a player is not registered by the 5th week and plays in a playoff game.
 2. Players may play on a max of two teams per league but may only play on one team during playoffs.
 - a. Teams with players who play on multiple teams during playoffs will be automatically disqualified.
- e. Team captains must present team roster and waivers to BKS staff at least 5 minutes prior to the scheduled start time.
 - i. Teams will be provided with a 5 minute grace period for check in.
 1. Following the grace period late teams will be docked 3 runs for every 5 minutes.
 2. Teams automatically forfeit after 15 minutes
 3. Teams will be fined \$25-\$50 for multiple forfeits at the discretion of league officials
- f. Maximum 10 players are allowed on defense minimum 8 to start a game
 - i. Teams must consist of a maximum of 6 men and a minimum of 4 women. If there are only 8 teammates then the team must consist of a maximum of 5 men and a minimum of 3 women.
- g. Ties are recorded as a tie unless it is a playoff game.
 - ii. If teams are tied after 7 innings or 50 minutes:
 1. There will be 1 out
 2. The team up to kick will place a runner **on** first base (runner must be the last out from the previous inning)
 3. The Home team will kick last
 4. Play will continue until a winner or both team captains agree to a tie
- g. There is an 8 run limit per inning unless it is the last inning (declared by the 7th inning or

umpire ruling due to time).

2) Kicking

- a. There is a continuous kicking order, meaning all members on the game roster will kick through.
- b. There are no regulations on male female position in kicking order (aka do not have to rotate male to female).
- c. Late arrivals will be added to the end of the kicking order (only during regular season).
 - i. In the playoffs only kickers that checked in at the start of the game will be allowed to participate. The team automatically forfeits if a late arrival tries to play during playoffs.
- d. Kicker may attempt to hit the ball with their foot or any part of their leg from the knee down. Players who try to use any other part of their body will be automatically out.
- e. Kickers may not attempt to kick the ball outside the designated kicking box or they will be called out.
- f. Bunts are allowed.
- g. Kickers will be out if they foul more than two balls with two strikes.
- h. No Infield fly rule.

3) Runners

- a. Runners must touch the safe bases or will be called out.
 - i. Safe bases are placed to the right of both first and home base.
- b. All plays at home base are force outs.
- c. Runners must let the defender make a play on the ball – if they interfere they will be called out.
- d. Runners must stay in the base paths or will be called out.
- e. Runners must **ONLY** slide feet first.
 - i. **NO** head first sliding.
 - ii. **NO** sliding to first base or home base.
- f. Runners will be called out if they are touched by the base or hit by the ball (below the shoulders) before they hit the bases
 - i. If a runner is hit with a ball above the shoulder without sliding or trying to be hit with the ball the runner will be deemed safe.
- g. If a fielder interferes with the runner and are not making a play on the ball the runner will be given an extra base.
- h. Tie is always in favor of the runner (umpires discretion).
- i. There is no stealing or leading off.
- j. Runners are allowed one base if the ball is out of play, unless a ball is thrown at a runner and they are called out.
- k. If the ball travels out of bounds the runners must stay at their base unless they are past the halfway point.
- l. If a ball hits a runner that was kicked by their own player they are out.
- m. There is one pinch runner allowed per inning.
 - i. The pinch runner must be the last out from the previous play or inning.
- n. No Infield fly rule.

4) Fielding

- a. A fielder may tag, catch, or throw and hit a runner for an out.
 - i. Throws must be below the shoulder or else runner is safe (unless due to sliding or exaggerated dodging).
- b. There must be 4 outfielders standing at least 10 feet behind the infielders.
 - i. Unless there are less than 10 players then the positioning is optional.
- c. Infielders must not stand in front of the pitcher before the ball is pitched.

- d. Fielders must stay out of the base paths unless making a play on a ball or else the runner will be given an extra base.
 - e. All plays at home are force outs.
 - f. No Infield fly rule.
- 5) Pitching
- a. Pitcher must have one foot on the mound before a pitch motion to the plate is made.
 - b. All pitches must be underhand.
 - c. All pitches must bounce twice before they reach the kicking box.
 - d. All pitches must not be more the 1' off the ground from the bottom of the ball when it reaches the kicking box.
 - e. A strike will be called if it reaches the strike zone (regulation plate plus one foot to each side).
 - f. Once a pitcher is removed from the position he or she is not allowed to return to the pitcher position.
- 6) Sportsmanship
- a. Let's have fun and be cordial.
 - b. All players must shake hands after the game.
 - c. It is always polite to thank the umpires and league officials.
 - d. All teams are required to clean their respective dugouts or sidelines.
 - i. Teams will be fined for excessive littering at the discretion of league officials.
- 7) Equipment
- a. Please wear proper sporting attire.
 - i. League officials can remove players due to unsafe equipment.
 - b. NO METAL CLEATS.
- 8) Umpires
- a. TEAM CAPTAIN may appeal call but once a final call has been made game must proceed.
- 9) Beer and Alcohol
- a. There is no beer or alcohol permitted at the fields at any time.